

NEWS FROM THE WHITE HOUSE PHYSIOTHERAPY CLINIC

MARCH 2010

ISSUE 1

NEW SERVICES AT THE WHITE HOUSE

PODIATRY CLINICS

Run by a specialist sports podiatrist using the latest gait analysis technology and working closely with physios to offer a holistic approach to patient care.

REMEDIAL MASSAGE

Sports, aromatherapy, pregnancy, and Swedish massage are all offered at the White House. Whether it's for relaxation, injury prevention or rehabilitation there is something to suit you.

GOLF CLINIC

Tom Doran works with professional and amateur golfers, using video analysis of their technique to effectively treat any musculoskeletal injuries.

OTHER SERVICES AT THE WHITE HOUSE CLINIC

- Acupuncture
- Physiotherapy
- Pilates classes & 1-1 teaching.
- Spinal rehabilitation
- Post-operative rehabilitation

CENTRAL CONSORTIUM PCT GIVES FUNDING TO THE WHITE HOUSE TO RUN A BRAND NEW MUSCULOSKELETAL SERVICE

The brand new **ACUTE SPINAL NHS SERVICE** has now been running within the central consortium for 8 months, and has seen a huge rise in the number of referrals as it has developed.

With 3 physiotherapists on board, a successful spinal strengthening programme, a specialist podiatrist and very efficient administration staff, referrals are being dealt with rapidly, and patients are spending less time off work and more time exercising and taking control of their aches and pains!

Multidisciplinary working is at the core of this service, with physiotherapists contacting GPs directly for advice and discussion on pain relief, updates on patient progress or diagnosis, and to request further investigations such as MRIs, X-rays and neurosurgery or orthopedic referrals.

GPs within the central consortium are receiving onsite training of 30-60 minutes on spinal assessments.

This training programme is being rolled out to other consortiums across Sheffield and Derbyshire and includes shoulder, knee and spinal assessments and diagnosis.

If you are interested in organising onsite training please email katiebell@whitehouse-clinic.co.uk and we will be happy to discuss this CPD opportunity further.



Bupa APPROVED STATUS IS GIVEN

Bupa is the largest private medical insurer in the UK and has recently been reviewing orthopaedic services. The White House has been granted approved Bupa provider status, and Bupa patients can be seen at any of our clinics.



Dr Rebecca Small, assistant medical director for Bupa UK Health Insurance, said: "Recent changes in the NHS mean that physiotherapists are increasingly being required to demonstrate the effectiveness of what they do in terms of clinical outcomes and cost."

"We are also increasingly being asked by our customers for more information about the physiotherapists who treat them. Our new approach to physiotherapy will enable us to meet this growing need. Our initiative is designed to offer customers high quality healthcare at affordable prices."

The White House is one of the few clinics in the South Yorkshire & North Derbyshire region that has been granted this status.

the **white** house physiotherapy group

3 Sandygate Park, Sheffield, S10 5TZ

0114 230 20 30 www.whitehouse-clinic.co.uk

